

IDENTITY IN CHRIST

*Before I formed you in the womb I
knew you, before you were born
I dedicated you.
Jeremiah 1:5*



Olive Blossom

WEEK TWO
IDENTITY IN CHRIST

Opening Prayer

Lord Jesus,
You formed me in love and called me by name.
Help me see myself through Your eyes —
not through fear or comparison,
but with the peace of one who is known and
loved.
Amen.

*Before I formed you in the womb I knew
you, before you were born
I dedicated you.
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Four horizontal dotted lines for writing.

*Song for Reflection:
Air on the G String - Bach*



OUR GUIDE
St. Clare of Assisi
Mirror of Christ



*"We become what we love and who we
love shapes what we become."*

THEIR STORY

- ✦ **Early Life:** Born in Italy in the late 12th century to a wealthy family, the oldest of three daughters. Though her parents wanted her to marry young, she asked to wait until she was 18.
- ✦ **A New Way:** She heard St. Francis of Assisi preaching and became inspired to live life differently. A few months before turning 18, with the bishop's permission, she left her father's house to seek out Francis.
- ✦ **The Cutting of Her Hair:** Upon finding him, her hair was cut and she exchanged her elaborate dress for a simple robe. At that time, cutting one's hair signified she was no longer under the authority of man or society — she followed only the will of God.
- ✦ **The Poor Ladies:** About two weeks later, one of Clare's sisters joined her. They stayed with an order of Benedictine nuns until a separate dwelling was completed. Other women joined them, and they became known as "the Poor Ladies of San Damiano" — living lives of simplicity, poverty, and seclusion. After Clare's death, the order became the "Order of Saint Clare" or the "Poor Clares."
- ✦ **Her Teaching:** Clare wrote using two primary metaphors: the bride of Christ, drawing from the Song of Songs, and the mirror — in which we strive to reflect the image of Christ to ourselves and to others.
- ✦ **Her Legacy:** St. Clare understood that our identity is not something we build but something we behold. Her gaze was fixed on Christ, and in that gaze she discovered who she truly was: beloved, chosen, and transformed. Her feast day is August 11th.

THE KEY OF YOUR SONG

- ✦ In music, a key signature is not a single note — it is the invisible framework that tells every note in the piece where it belongs. What is home. What is tension. What resolves.
- ✦ Remove the key signature and you don't just lose a few sharps or flats. You lose the center of gravity. Every note becomes unmoored. Nothing knows where to go.
- ✦ Your identity in Christ is the key signature of your life. Not one truth among many — the truth that all other truths organize around.
- ✦ Before your temperament, your strengths, your wounds, your gifts — there is this: you are His. That is your key. Everything else we discover in this program is simply learning to read the notes in light of it.
- ✦ When we forget our key — when we let the world retune us to a different center — nothing fits quite right. We feel the dissonance without being able to name it.
- ✦ You already have your key. You just have to keep coming back to it.

AN OVERVIEW

Who Are You?

The Question Underneath Everything

- Every woman carries it: Who am I?
- We have answered it with roles, achievements, personality types, and the names others have given us
- None of those answers hold — because none of them are the foundation

Identity Is Not Built. It Is Received.

- You do not construct your identity by effort or discovery
- You receive it from the One who made you
- Before you were anything, you were His

The Truth That Changes Everything

- I am His
- I am beloved
- I am chosen
- I am called
- I am fearfully and wonderfully made
- I belong to the King of Kings

This Is Your Key Signature

- Every other note of your life plays in relation to this one
- When we forget it, everything feels slightly out of tune
- When we remember it, we come home

FINDING OURSELVES IN HIM

Where We've Looked

- Personality tests, typing systems, categories, boxes
- Titles, roles, accomplishments, relationships
- The approval of others, the opinions of strangers
- Every system promises to finally tell us who we are — and none of them quite do

Why None of It Fits

- These things can describe us, but they cannot define us
- Descriptions point to something. Definitions hold something.
- Only the One who made you can define you

Returning to the Source

- The answer was never meant to be discovered in a system
- It was always meant to be received from a Person
- Before any label, any title, any role — you are His

The First Words Over You

- Before you were capable, you were loved
- Before you were useful, you were chosen
- Before you were anything, you were His

FINDING OURSELVES IN HIM, CONTINUED

The Temptation to Earn

- We live as though we must prove we deserve His love
- We perform, achieve, and hide — hoping the good outweighs the rest
- But grace does not work that way. Grace cannot be earned, only received.

The Freedom in Letting Go

- On our own, none of us has earned this. That is not the bad news — it is the liberation.
- If love could be earned, it could also be lost
- Because it cannot be earned, it also cannot be taken

Believing It When You Don't Feel It

- There will be days the truth does not feel true
- Identity is not a feeling to chase but a truth to return to
- You do not have to feel His every moment — you only have to trust that He has already called you His

The Invitation

- This session is not asking you to become anything new
- It is asking you to receive what has already been spoken over you
- You are His. That is the first note of your symphony — and every other note plays in its light.

KNOW THYSELF

Nametag From Heaven

Take a quiet moment to breathe and invite Jesus into this space.

Pray:

“Jesus, what do You call me?”

Listen for the word or phrase He places on your heart — Beloved, Daughter, Brave, Light-Bearer...

Write it on your name tag as a reminder of how Heaven sees you.



Turn the card over.

Write one lie you've believed about yourself.

Then, beneath it, write the truth that replaces it.

Read the truth slowly.

Let it rest within you:

You are seen. You are known. You are loved.

KNOW THYSELF, CONTINUED

Take a few quiet moments to write what God is revealing to you this week.

What name did Jesus place on your heart tonight — and does it feel true to you? What makes it easy or hard to receive?

What lie did you write on the back of your name tag? Where did you first learn to believe it?

What would change this week if you chose to answer to His name for you — rather than the one the world has been using?

Is there someone in your life whose name tag you've been writing for them — labeling them by their failures, their wounds, their worst moments? What might He call them?

BRING IT TO GOD

*The One who named you is not distant. He is here.
Bring what stirred in you tonight directly to Him.*

Look at the name He gave you on your name tag. Sit with it quietly. Tell Him honestly — does it feel true? Does part of you resist it?

Speak the name back to Him as a prayer. "Lord, You call me _____. Help me to believe it." Write what surfaces.

Bring Him the lie you wrote on the back of the card. You don't have to explain it or fix it first. Just place it in front of Him. What do you sense Him saying about it?

BRING IT TO GOD, CONTINUED

Ask Him: "What do You want me to know about who I am to You — not in general, but right now, today, as I actually am?" Then wait. Write what comes.

Is there something about yourself you have never brought to Him — something kept hidden or felt too heavy? This is the week to begin.

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- Jeremiah 1:5*

LIVING IT OUT

Take what God spoke to you tonight and carry it into your week.

Receive: Each morning this week, before you do anything else, speak your heaven name tag aloud over yourself — the name He gave you tonight. Just that. Notice what it feels like to hear it in your own voice.

Reflect: When I ask "Who am I?" what answers come first — roles, feelings, productivity — or "I am His"? Where do I most feel pressure to define myself by what I do rather than Whose I am?

Discern: Is there a name or an identity I have been living under that isn't from Him? What would it look like to set it down this week — even in one small moment?

LIVING IT OUT, CONTINUED

Notice: Watch for the moments this week when you feel most like yourself — most at rest, most alive, most free. Write them down. They are clues. God is already speaking.

Act: Is there someone in your life you have been seeing through the lens of their failures or their worst moments? What might it look like to see them through His eyes this week — as someone He has also named and claimed?

THIS WEEK

Pray your identity out loud daily:

"In Christ, I am [your word]. I am beloved, chosen, and held."

Bonus: Set your phone lock screen with tonight's verse or your "heaven name tag" or put a sticky note with your "heaven name tag" in a place you will see it every day.



Closing Prayer

Loving Father,

You are the artist of my soul. Thank You for knowing me fully and loving me completely. Let Your image shine within me and through me this week.

Amen.

MY IDENTITY PORTRAIT

My Name From the Lord:

In one sentence, what this session revealed about how God sees me:

The name the world has been calling me that I am setting down:

The identity truth from this session that I most need to carry into this week:

Where is God asking me to live from my true identity — not in ideal conditions, but in the actual conditions of my life right now?

